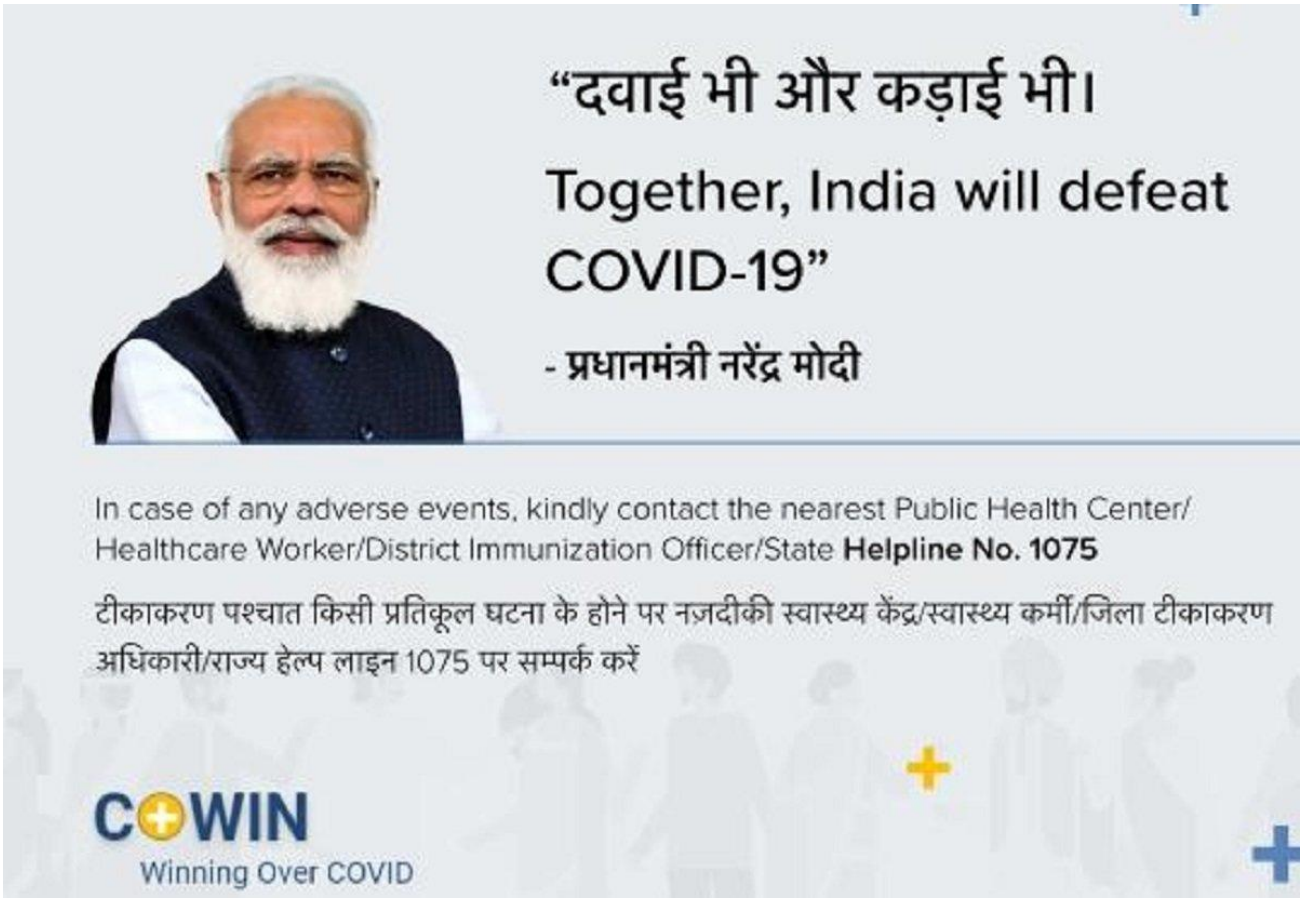
ICOREGENERATION COVID-19 Advisory



The ongoing global pandemic of corona virus disease 2019 (COVID-19) is caused by severe acute respiratory syndrome corona virus 2 (SARS-CoV-2). The virus was first identified in Wuhan, China in December 2019. In January 2020, China implemented a nationwide lockdown in Wuhan, but this measure failed to contain the virus, with it spreading to other parts of mainland China and, eventually, around the world.[6] The World Health Organization declared the virus a Public Health Emergency of International Concern on 30 January 2020, and later a pandemic on 11 March 2020. As of 16 July 2021,

more than 189 million cases have been confirmed, with more than 4.06 million confirmed deaths attributed to COVID-19, making it one of the deadliest pandemics in history.

COVID-19 vaccines are safe, and getting vaccinated will help protect you against developing severe COVID-19 disease and dying from COVID-19. You may experience some mild side effects after getting vaccinated, which are signs that your body is building protection.

Wear a mask

- If you are not fully vaccinated and aged 2 or older, you should wear a mask in indoor public places.
- In general, you do not need to wear a mask in outdoor settings.
    - In areas with high numbers of COVID-19 cases, consider wearing a mask in crowded outdoor settings and for activities with close contact with others who are not fully vaccinated.
- If you are fully vaccinated and have a condition or are taking medications that weaken your immune system, you may need to keep taking steps to protect yourself, like wearing a mask. Talk to your healthcare provider about steps you can take to manage your health and risks.
- If you are fully vaccinated, see When You've Been Fully Vaccinated.

Masks are required on planes, buses, trains, and other forms of public transportation traveling into, within, or out of the United States and in U.S. transportation hubs such as airports and stations. Travelers are not required to wear a mask in outdoor areas of a conveyance (like on a ferry or the top deck of a bus). CDC recommends that travelers who are not fully vaccinated continue to wear a mask and maintain physical distance when traveling.

Get Vaccinated

- Authorized COVID-19 vaccines can help protect you from COVID-19.
- You should get a COVID-19 vaccine when it is available to you.
- Once you are fully vaccinated, you may be able to start doing some things that you had stopped doing because of the pandemic.

Avoid crowds and poorly ventilated spaces

- Being in crowds like in restaurants, bars, fitness centers, or movie theaters puts you at higher risk for COVID-19.
- Avoid indoor spaces that do not offer fresh air from the outdoors as much as possible.
- If indoors, bring in fresh air by opening windows and doors, if possible.

Guidelines for Employee:-

- Employees who have symptoms should notify their supervisor and stay home. ICOREGENERATION recommends testing for people with any signs or symptoms of COVID-19 and for all close contacts of persons with COVID-19.
- Employees who are sick with COVID-19 should isolate
- Employees who are well but who have a sick household member with COVID-19 should notify their supervisor.